District Wellness Committee  
 Meeting Minutes 11.20.2023  
 3:30pm-4:30pm

**Committee Members for 23-24 SY:**  
Joanne Morrison   
Taryn Temmallo  
Thomas Babaian  
Zach Medlock  
Sam Kowal   
Lauren Macpherson  
Kelly Labonte   
  
**Agenda:**   
1. Introductions   
  
2. Approval of minutes of June 21, 2023 – Sam Kowal & Zach Medlock second the motion   
3. Responsibilities of the District Wellness Committee and Building Wellness Committees   
 a. Review District Wellness Policy (specifically JLCF-R)   
 b. Collect names of Wellness Building Committee Members  
 c. Review expectations of district committee choosing SMART goal and building committee will decide the best way for each building to implement the goal at each school level

4. a. Review two potential SMART goals based on Physical Activity Goal for 23-24 SY   
 b. Smart goal will need to be approved by building principal/superintendent by 12/5 c. Review that once approved, each building level committee will meet and brainstorm ideas to meet SMART goal. These ideas will be brought to next District Wellness Committee (Date TBD)   
  
5. Set Meeting Schedule for SY 23-24  
 a. January 8, 2024 – 3:30pm